

## How to make health appointments?

1. Call doctor's clinic



3. Come to clinic



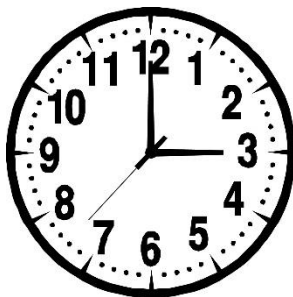
2. Call with **interpreter** help



Step 1: Call 131 450 (TIS)  
Step 2: Say the language you need  
Step 3: Tell the interpreter clinic name or hospital and the telephone number you want to call.

## Attending health appointments

- Always be **on time**



- Always **call** if you can't attend



- **Take** medical records



- **Wait** and **queue**



## How to buy medicine from the Pharmacy?



### Step 1: Your GP writes a prescription

In Australia, you need prescriptions for most medications Eg. antibiotics. Some medicines are available '**over the counter**' which means you can go into the pharmacy to buy them without a prescription.



### Step 2: You get the prescription

A prescription is a piece of paper that has name of medicine, dosage and GP's signature.



### Step 3: Take the prescription to local pharmacy and buy medicine

Bring your **Health Care Card** to receive discounts. Ask the pharmacist for **cheaper version** of the same medication (if you like)